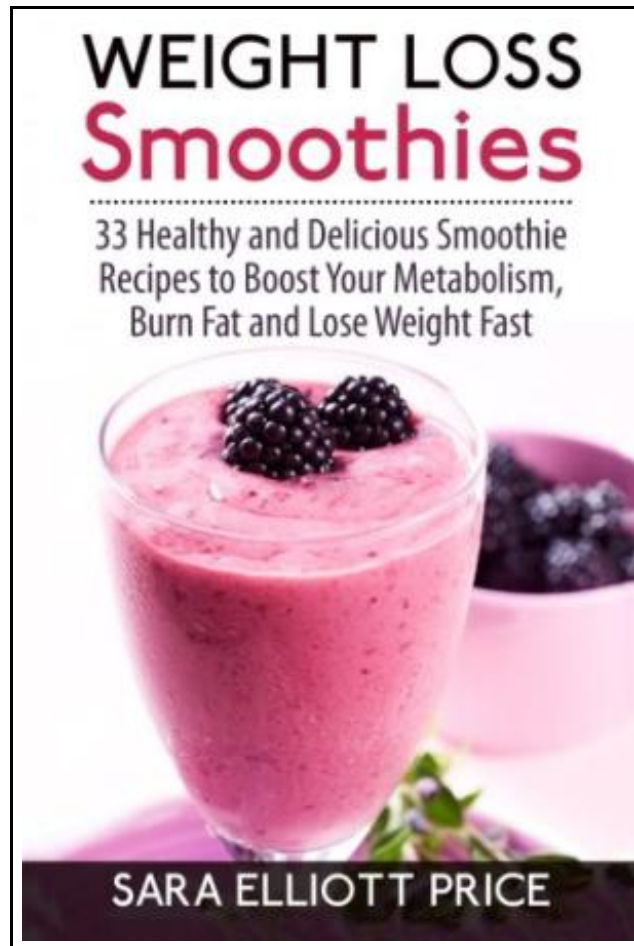


## Weight Loss Smoothies: 33 Healthy and Delicious Smoothie Recipes to Boost Your Metabolism, Burn Fat and Lose Weight Fast (Paperback)



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*(Santina Sanford)*

## **WEIGHT LOSS SMOOTHIES: 33 HEALTHY AND DELICIOUS SMOOTHIE RECIPES TO BOOST YOUR METABOLISM, BURN FAT AND LOSE WEIGHT FAST (PAPERBACK)**



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Weight Loss Smoothies Make It Easy And Delicious To Lose Weight Fast! Would you like to have so much energy you actually find exercise fun? How about losing weight easily and having a lean body that s fit and sexy? Maybe you never want to get sick again and feel great all year long? No Matter What Your Goals Are Weight Loss Smoothies Will Help You Get There! You re About To Learn How To Easily Lose Weight, Be Healthier And More Fit Than Any Time In Your Entire Life. This book will take you by the hand and keep you motivated to get in the best shape ever! You ll learn so much more than just some great recipes, you ll also learn how weight loss smoothies seem to just melt fat away - fast! That s not all. You ll actually be filling in wrinkles, boosting your immune system, becoming fit and creating more energy than you know what to do with. I m Sure You Know One Of The Main Road Blocks To Losing Weight Is Not Having A Plan. Well, with this guide you don t need one--everything you need to know is already included! Simply read the book, grab the ingredients, throw them in your blender and drink! Yes, it really is that easy. Just by drinking healthy smoothies you will notice the inches melting away and your skin will start looking better than it has in years! Once you start reading about all the benefits of smoothies and how they transform your health you ll be highly motivated to make sure they stay in your daily diet. Actually, they...



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